



**GOT BEEF?
GOT MILK?**

WRONG!

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12th grade**

What is the Dairy Industry?

The Dairy Industry is a class of intensive animal agriculture, otherwise known as factory farming. Female cows are made to produce milk that is used for human consumption.

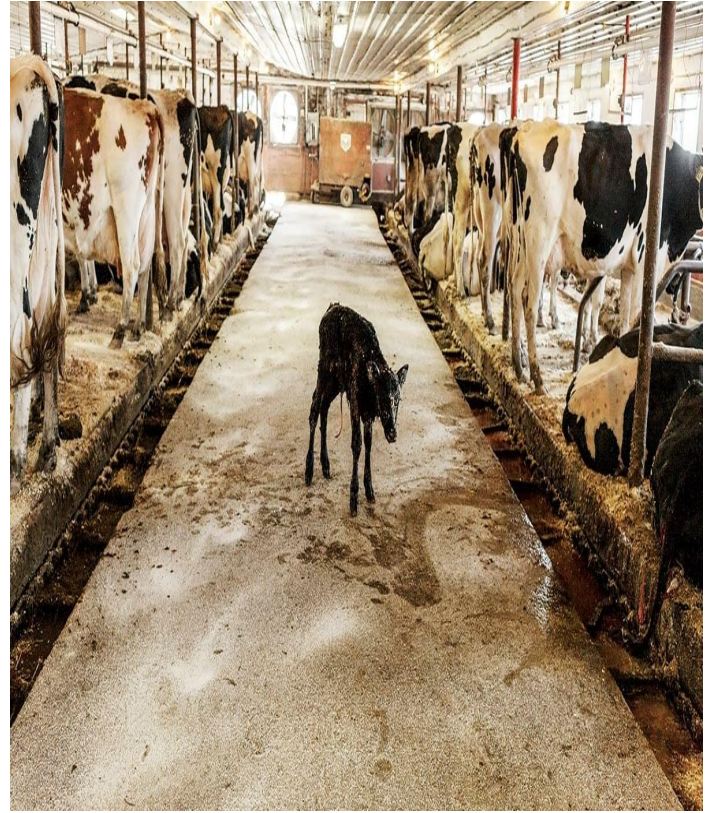
The **problem** with the dairy industry:

- The dairy industry breeds cows into existence only to be **abused** and **murdered** for milk and food that we eat and drink daily.
- Factory farmed cows are subjected to repetitive and **forced** pregnancies in order to mass produce milk.
- Dairy farms **focus on efficiency** rather than the cows quality of life.
- Being efficient means having as many cows as possible, so the animals have **no space to walk freely**. Cows live their entire lives, **confined** inside a factory farms.
- Veal (aka baby cows / calves) is a byproduct of the Dairy Industry. Calfs are **taken from their Mothers soon after birth, isolated and raised for veal**.

NOTE: The Mother Cow/Calf bond is stronger than a human mother/child bond.

Animal Cruelty Rates in Farmed Animals

- There's an estimated **9 billion land animals raised and killed for food every year in the United States**
- Despite the large number of and severity of abuse they suffer, our **legal system offers minimal protection to farmed animals.**
- Farmed animals raised for their meat and dairy are among the **most abused in the U.S.**



Dairy and Beef Carbon Footprint

- ★ Meat and dairy, particularly from cows, have an outsized impact, accounting for around **14.5 percent of the world's greenhouse gases** each year.

That's roughly the same amount as the emissions from all the cars, trucks, airplanes and ships combined in the world today.

- ★ Beef has an especially large climate footprint

*The stomachs of cows contain bacteria that help them digest grass and other foods. But the bacteria creates **methane, a potent greenhouse gas**, that is then released through cows' burps and flatulence.*

Take Action!

- ❖ There are tons of **dairy free options** (nut milks, vegan cheese, almond or coconut milk ice cream)
- ❖ Beefalo is a “greener” meat alternative
- ❖ Eat plant-based Beyond Meat (with just as much protein)
- ❖ Raise awareness about animal cruelty in factory farms in your own community. Share on social media and talk with those around you.

COOKBOOK COMING SOON!

Our cookbook will contain vegan recipes and beef and dairy substitutions.
It will provide readers with a wealth of knowledge on the benefits of
switching to a plant-based diet!

COMING TO WATTPAD SOON!



*We Pledge to continue spreading
awareness about dairy and beef factory
farming and will consume more
dairy-free and beef-free products.*

**SIGN HERE
PLEASE!**



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Learn more about the Dairy Industry.

View discretion advised: [CLICK HERE](#)